

At The Midwifery Centre, we offer IV infusions for rehydration (eg. hyperemesis or morning sickness), IV antiemetics and IV iron infusions

ESSENTIAL PATIENT INFORMATION

Please ensure you have eaten & are adequately hydrated prior to your appointment. Doing this makes IV cannulation easier and more comfortable.

****NO INFUSION CAN BE DONE WITHOUT A COMPLETED REFERRAL FORM FROM A DOCTOR****

FILL ANY PRESCRIPTIONS AND BRING THE MEDICATION TO YOUR APPOINTMENT.

Infusions are performed at:

**Dermaluxe Injectables
138 Shannon Avenue Geelong West**

Please wear loose fitting clothing to your appointment so your sleeve can be pushed well above the elbow to allow insertion of the intravenous (IV) cannula, and so you are comfortable sitting for the required time.

Bring a jacket or a scarf in case you get cold during the infusion

Please Note that there are no facilities available for the care of children. We ask that no children attend the clinic during your appointment.

Iron Infusions

\$150

Iron deficiency has many causes which may require further investigation by your doctor. Iron is an essential mineral and adequate levels are required for the normal production of haemoglobin and red blood cells, which carry oxygen in the blood. Iron deficiency can cause lethargy, fatigue and in more severe cases, anaemia which can cause a pale complexion, dizziness,

shortness of breath and a reduced capacity for exercise. In pregnancy, iron deficiency can cause restricted foetal growth. There are three ways in which iron levels can be replenished; orally, intramuscularly, and intravenously. Oral iron has the advantage of being simple and cost-effective, but is limited by side-effects, poor compliance, poor absorption, slow effect, and low efficacy. Intramuscular iron is relatively slow and requires multiple injections (typically in the buttock) over a period of time and frequently causes pain and discomfort as well as permanent stains on the overlying skin. However, providing iron by infusion allows for rapid restoration of the body's healthy iron levels with relatively few side effects.

Medication is proven and can be administered in as little as 15 minutes, to a limit of 1,000mg per week. It can also be given during pregnancy, after the first trimester. Depending on your iron requirements, you may require two infusions to fully restore your iron levels.

In general, side effects from iron infusions are uncommon and most people will not experience any. When side effects do occur, they are typically transient and mild and may include nausea, dizziness, headaches, stomach upset, low phosphate levels & muscle or joint aches or pains. There may be some irritation at the cannula site for several days following the infusion. In very rare cases where the cannula becomes dislodged during an infusion, the skin around the injection site may become permanently discoloured (however, risk is less than 1%). With an iron infusion you are required to remain for a short period of observation following the dose to monitor for the unlikely possibility of a reaction. All infusions are supervised by 2 trained Midwives/Nurses



(Image of iron staining)

Payment is required on the day of service. We accept Credit Cards (Visa, Mastercard, EFTPOS) or correct cash.

Please Note: No rebates are currently available for the above services from Medicare or Private Health. \$150 is the full out of pocket fee